



P.O. Box 1709 Lindenhurst NY 11757

www.htbffl.com 631.334.0434

Join Our Flag Football League!

Open to All Students co-ed play

What is Flag Football

Flag football is a non-contact version of American football where players wear flags on their hips. Instead of tackling, players must pull a flag off their opponent to stop the play. It's a fun and safe way for students to learn the basics of football while staying active! And a good way for tackle players to keep in practice and improve their skills while having fun.

Why Should You Join?

- **Stay Active:** Flag football is a great way to get moving and stay fit.
- **Learn Teamwork:** Develop teamwork and leadership skills on and off the field.
- **Make New Friends:** Meet and connect with fellow students from your school.
- **Have Fun:** Enjoy playing in a supportive and exciting environment.

League

- **Who Can Join:** Open to all students in grades pre-k-12.
- **Season Dates:** The spring season runs from April to June.
- **Practice Days:** Practices are held once a week, at the teams discretion. And a local location
- **Games:** Games are played on Saturdays or Sundays at locations nearest you.

Sign Up Today!

- For more information, visit our website www.htbffl.com
- Submit the completed form and registration fee by March 15th.
- We will accept registration after March 15th until all spots are filled
- League fee range: \$110.00 to \$155.00 based on Divisions

Don't miss out on the fun. Join our Flag Football League and be part of the excitement!